

Reduce, Reuse and Recycle During the Holidays

Americans throw away **25% more material during the Thanksgiving to New Year's holiday period** than any other time of the year. The extra waste amounts to approximately 25 million tons, or about 1 million extra tons per week! Recycling helps reduce our holiday "waste" line, but let's not forget to Reduce and Reuse! A great gift to the planet is to start the holidays by thinking: **Don't Make Waste in the First Place!**

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Reduce ♻️ Reuse ♻️ Recycle
Naturally!

Saint Louis
COUNTY
HEALTH

Tips to Reduce, Reuse and Recycle During the Holidays

Gifts

And don't forget to buy recycled products!



- Avoid over-packaged gifts.
- Buy durable gifts with long-term warranties and avoid disposables.
- Purchase re-chargeable batteries for children's toys.
- Giving season tickets to theatre, sport teams and the symphony are thoughtful and give joy beyond the season and into the New Year — items that do not require packaging.
- Membership to museums, zoo or nonprofit organizations are perfect for families and no packaging required!
- Seniors and busy people appreciate a gift from the heart and kitchen. Give a coupon good for a loaf of homemade bread, soup, or a dozen cookies.
- Reusable lunch bags encourage healthier eating for the New Year in work places. Fill with non-perishable healthy snack items to get your recipient started.
- Think about refillable pens. Fountain pens are a must have for the serious writer or journal keeper.
- A family recipe book, printed on recycled paper, is a treasure. Wrap in an heirloom apron!
- Put together a collage of pictures commemorating a special event, vacation, etc.
- A beloved old toy, tricycle, rocking chair, etc. repaired and handed down to the next generation is priceless.
- Gift certificates from favorite stores (home improvement, garden, movie rentals, restaurants, etc.) assure your recipient purchase what they want or need.
- Home-made gift certificates good for baby-sitting, sewing, housecleaning or pulling weeds are a great idea!
- If you haven't already, trim your gift-list by drawing names to reduce the gift-wrap and boxes needed.

Give a gift to help someone help the environment:

- Can crusher
- Set of recycling bins or a recycling cart
- Compost bin
- Energy-saving fluorescent light fixture or compact fluorescent bulb that lasts longer than conventional light bulbs
- Cloth napkins
- Curbside recycling for the year
- Diaper service for new parents - eliminates disposable diapers
- Cloth shopping bag



Special Consideration for Electronics!

- If you give or receive a new TV, computer, or cell phone, if the older model is still useable, consider donating it to charity.
- Throwing old electronics away is not environmentally friendly. Go to the Saint Louis County Health Recycling link www.stlouisco.com/doh that will take you to a listing of local computer and electronic recycling outlets.

**When shopping, don't forget to Close-The-Loop!
Many gorgeous and unique gifts are made of
recycled materials.**



Gift Wrap and Ribbons

Think outside rolls of gift-wrap and bags of bows and be creative while reducing waste! Here are some ideas:

- Use scarves, handkerchiefs or bandannas- two gifts in one!
- Have a geography lover? Use an old map or travel poster.
- What grandparent doesn't love kid's art? Tape all those coloring pages together and design a custom gift-wrap.
- Comics and newsprint are fun, and can go right into the recycle bin after un-wrapping. Visit a newsstand and buy a foreign paper for the person traveling or studying a new language.
- Save brown Kraft paper shopping bags and turn them into gift-wrap. Sponged or printed with color, these bags turn into beautiful and natural looking wrap.
- Scraps as wrapping! Wallpaper, fabric, magazines, sheet music all make clever gift-wrap.
- Rather than wrap the large presents, make it a scavenger hunt, with a series of clues to find the gift.



- Give a present wrapped or decorated with a present.
 - Mittens in the matching scarf
 - Dish towels for kitchen gifts
 - A tie or scarf as a ribbon
 - Hair bows, shoe laces, or a jump rope to tie up a package

If you buy gift-wrap, try to purchase recycled content and plan ahead for recycling! Have a bag set aside just for recyclable wrapping paper and boxes. Save bows and ribbons and tissue for re-use or to use in craft projects. **If every family reused just two feet of holiday ribbon, the 38,000 miles of ribbon saved could tie a bow around the entire planet.**

Gift Boxes and Bags

- Decorate a shoebox and fill with art supplies
- Gift bags are reusable
- If you receive gift boxes, save and reuse them! When worn out, then recycle
- A present in a present:
 - A pretty basket or wooden box
 - Cookies in a cute tin
 - A cake, still in the nice new pan



Recycle Holiday Wrapping Paper, Gift Bags and Boxes (NO foil wrap, plastic, ribbons or tissue)

Health Department Sponsored Holiday Recycling Drop-off Locations

December 24 - January 14

Drop off: 24 hours a day

Eureka Wal-Mart

131 Eureka Town Center

North Central Community Health Center

4000 Jennings Station Road

St. Charles County Recycling Centers

www.scchealth.org/es/docs/recycle

2110 E. Pittman Avenue (Wentzville)

60 Triad South Drive (St. Charles)

636-949-7415



City of St. Louis Refuse Division

For a location near you, visit the website

www.stlouis.missouri.org/citygov/recycle

Drop off: 24 hours a day

314-353-8877

St. Peters Recycling Center

www.stpetersmo.net/?dept=26

131 Ecology Drive

636-477-6600

Drop-off: 24 hours a day

The following locations DO NOT accept boxes

Dec. 26 - Jan. 5

Abitibi Consolidated, Inc.

(All green and yellow Paper Retriever™ recycling bins at schools, churches, etc.) To find a location near you, call

314-381-3700 or visit the website www.paperretriever.com

Recycle Corrugated Cardboard, Gift Boxes, Cereal Boxes, etc.

Earth Circle

1660 S. Kingshighway, St. Louis City

Drop off: 9:00 - 5:00

7 days per week

314-664-1450

Kirkwood Recycling Depository

www.kirkwoodmo.org/pworks/recycling.htm

350 S. Taylor, Kirkwood

Drop off: 24 hours a day

314-822-5828

Cell phones and textiles accepted as well.

Southside Recycling

www.qrsrecycling.com/stlouis

4076 Bayless Avenue

Drop-off: 24 hours a day

314-631-3400

The following locations accept
corrugated cardboard **ONLY**

Florissant Recycling Drop-Off

#1 St. Ferdinand Park Drive, Florissant

Drop off: 9:00 - 6:00, M-F

10:00 - 2:00, S-S

314-839-7654

Sunshine Recycling

5141 N. Hanley, Berkeley

Drop off: 8:00 - 4:00, M-F

314-521-9914

University City Recycling Center

www.ucitymo.org/recycling.htm

1015 Pennsylvania Ave., University City

Drop off: 24 hours a day

314-863-3208 x315

Packing

Consider these alternatives:

- Dry, popped popcorn
- Biodegradable starch packing peanuts
- Reuse packing peanuts from previous gifts
- Crumpled ads from the newspaper

Recycle packing peanuts at E-Z Mailing Centers, PakMail Stores and UPS. Area locations are listed on the following page.

PAKMAIL
You've got choices!



The UPS Store[®]



EZ Mail

123 Creve Coeur Ave.
Ballwin, MO 63011
50 Clarkson Ctr.
Chesterfield, MO 63017

Pak Mail Stores

3910 Vogel Road
Arnold, MO 63010
226 THF Boulevard
Chesterfield, MO 63005
407 Beltline Road
Collinsville, IL 62234
12545 Olive Street Road
Creve Coeur, MO 63141
1326 Mercantile Drive
Highland, IL 62249
5674 Telegraph Road
Oakville, MO 63129
1345 B Triad Center Drive
St Peters, MO 63376
7301 Watson Road
Webster Groves, MO 63119
2661 North Illinois Street
Swansea IL 62226

UPS Stores

6614 Clayton Road
Richmond Heights, MO 63117
8816 Manchester Road
Brentwood, MO 63144
9648 Olive Blvd.
Olivette MO 63132
9999 Manchester Road
Kirkwood, MO 63122

4579 Laclede Avenue
St. Louis, MO 63108
4600 Chippewa Building N
Southtown Plaza
St. Louis, MO 63116
11939 Manchester Road
Des Peres, MO 63131
483 S. Kirkwood Road
Kirkwood, MO 63122
9051 Watson Road
Crestwood, MO 63126
12685 Dorsett Road
Maryland Heights, MO 64043
#36 Four Seasons Shopping Center
Chesterfield, MO 63017
2518 Lemay Ferry Road
Lemay, MO, 63125
11220 West Florissant
Florissant, MO 63033
167 Lamp & Lantern Village Bldg. A
Chesterfield, MO, 63017
12430 Tesson Ferry Road
Sappington, MO, 63128
748 North Highway 67
Florissant, MO, 63031
476 Old Smizer Mill Road
Fenton, MO 63026
33 Flower Valley Center
Florissant, MO 63033
15009 Manchester
Ballwin, MO 63011
1724 Clarkson Road
Chesterfield, MO 63017
5541 Oakville Shopping Center
Oakville, MO 63129

1374 Clarkson Clayton Center
Ballwin, MO 63011
16572 Manchester Road
Wildwood, MO 63040
2069 Zumbahl Road
St. Charles, MO 63303
11469 Olive Road
Creve Coeur, MO 63141-7108
12390 Olive Blvd.
Creve Coeur, MO 63141
2464 Taylor Road
Wildwood, MO 63040
17206 Chesterfield Airport Road
Chesterfield, MO 63005
Southtown Plaza,
4600 Chippewa-Bldg. N
St. Louis, MO 63116
13932 Manchester Road
Ballwin, MO 63011
11939 Manchester Road
Des Peres, MO 63131-4502
200 N Broadway, Ste. 130
St. Louis, MO 63102
12244 St Charles Rock Rd.
Bridgeton, MO 63043
87 Grasso Plaza Shopping Ctr.
St. Louis, MO 63123
498 S 5TH St.
St. Charles, MO 63301
224 N HWY 67 Dierbergs Plaza
Florissant, MO 63031-5108
1243 Water Tower Pl.
Arnold, MO 63010
17206 Chesterfield Airport Rd.
Chesterfield, MO 63005
189 Eureka Town Center
Eureka, MO 63025-1031

Christmas Trees

- Consider buying a potted Norfolk pine, fig tree or indoor houseplant that can be used every holiday season as your evergreen tree.
- Purchase a tree from a tree farm rather than cutting one down in the wild.
- Use trimmed branches from your tree for decorating around the home or making wreaths.
- Consider buying an artificial tree that can be reused every year.
- Reuse a live tree for wildlife habitats if you own several acres:
 - Placed in a field for cover for small animals
 - Submerge the tree in a pond or small lake too create fish habitat. **DO NOT DUMP** your tree into a ravine or along an eroding bank.
 - Visit Missouri Department of Conservation website at www.mdc.mo.gov for additional ideas to learn how old Christmas trees can benefit wildlife.

When you are ready to dispose of your cut tree, if you don't have yard waste collection, here are some **commercial composting facilities that will recycle your tree** into compost or mulch in addition to other yard waste year round. Residents are encouraged to call and verify information provided below.

ORMI Fort Bellefontaine Compost

314-355-0052
\$1 per tree
13060 County Park Road 63034
(Hwy 367 and Lindbergh)
Mon.- Fri. 7:30am-4:30pm

Route 66 Landscape Supply Center

636-271-3352
\$1 per tree
18900 Franklin Road 63069
Mon.- Fri. 7:00am-5:00pm
Sat. 9:00am-12:00pm

St. Louis Composting

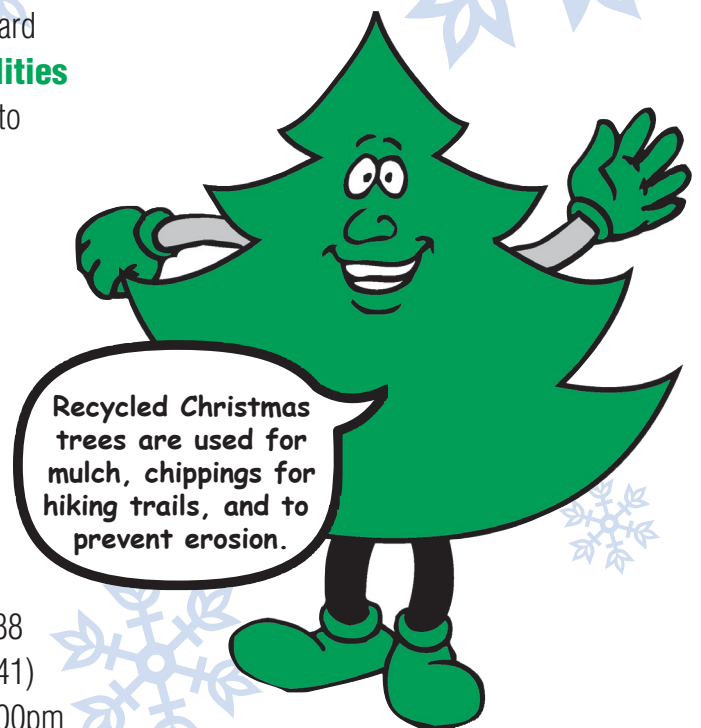
636-861-3344
\$1 per tree
2 Locations

Valley Park

39 Old Elam Ave 63088
(Elam Ave and Hwy 141)
Mon.- Fri. 7:00am-5:00pm
Sat. 7:00am-3:00pm

Maryland Heights

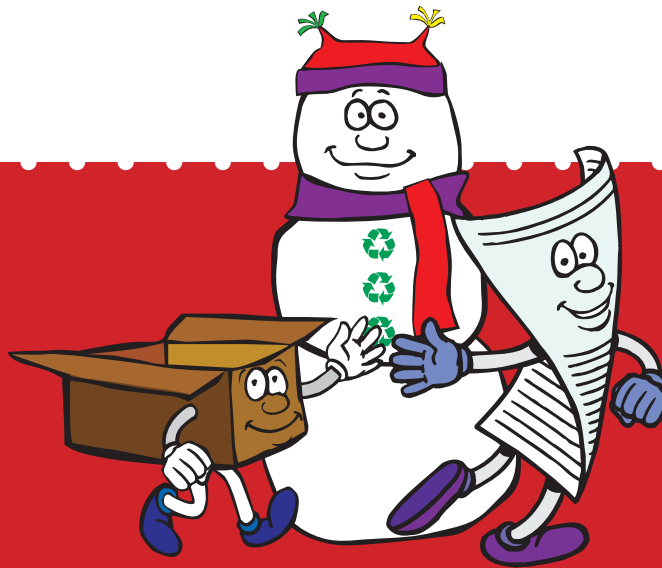
2510 Adie Rd 63043
Mon.- Fri. 6:00am-4:00pm



Cards

- Make your cards from used wrapping paper, old cards and other items found around the home
- Local friends and family can receive a giant edible cookie holiday card; put on a personal greeting with icing
- Email Greetings
- Update and pare down your card list. If we each sent one card less, we'd save 50,000 cubic yards of paper.

When you buy cards, purchase recycled-content.



Click the link below to visit our website
www.stlouisco.com/doh

or call the Waste Management Hotline
314-286-9200

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